

YOUNG  LIFE

Beauty Beyond Boundaries



MADE IN
SWEDEN



Livsmedelsverket
Swedish Food Agency

Welcome to **Young Life Nutrition**

- The premier provider of luxurious and unique collagen and hyaluronic acid drink/powder products, Made in Sweden. Our products offer unparalleled beauty and youthfulness, leaving you with healthy, glowing, and radiant skin, as well as healthy and strong hair.
- Experience the life-changing benefits of our collagen and hyaluronic acid-rich products and experience the difference yourself!
- Young Life Nutrition's products are laboratory tested and backed up by evidence in nutritional science. Our collagen & hyaluronic acid supplements contain carefully selected ingredients in line with EU quality standards, guaranteeing a potent evidence-based formula to support hair, skin, and nails.
- With our unique blend of ingredients, Young Life Nutrition is your go-to-source for luxurious and high-quality products.



COLLAGEN SUPPORTS SKIN, BONE, TENDON, AND CONNECTIVE TISSUE HEALTH

Why Liquid Supplement?



On average, a daily shot of our liquid supplements contains 14 times more active ingredients by weight compared to what can fit into a pill.



Liquid allows for better uptake in the body. The nutrients are absorbed easily through the intestine and are spread out into the body, generating faster and better results.



No bulking agents, fillers or gelatin capsules.



Liquid supplements are easy to take. You simply pour the liquid into the included measuring cup and take a deliciously flavoured shot.



Young Life's **Extra Marine Collagen Shots**

contains top-rated hydrolyzed fish collagen type I and III. Essential for Firm Skin, Healthy Hair and Strong Nails.



- 1 **Hydrolyzed Marine Collagen 10000 mg Type I and III:** helps to boost collagen levels in the skin, reduce wrinkles, fine lines, and improve skin elasticity.
- 2 **Vitamin C 60 mg:** helps stimulate the biosynthesis of collagen.
- 3 **Hyaluronic Acid 50 mg:** helps treat dry skin and prevent wrinkles.
- 4 **Aloe Vera:** helps to moisturize the skin.
- 5 **Biotin 1500 mcg:** helps increase the rate of follicle growth.
- 6 **Grape seed powder:** helps prevent dihydrotestosterone (DHT) linked to hair loss.
- 7 **Green tea powder:** rich in antioxidants and contains Chlorophyll which helps to fight premature aging, minimizes UV Damage, and detoxifies the skin.
- 8 Enriched with Vitamins B5, B6, B7, B12 and D, and Selenium.

“A 2020 Study showed that **the fish collagen drink** exerts the synergetic effect on delaying skin aging by terfering with the aging parameters and compensating the oxidative damage and physiological loss in human fibroblasts.”

Dose: 25 ml per day for optimal effect.



100% Natural
Flavour and Natural
Colour



Delicious
Berry Flavour



Sugar Free



GMO Free



Lactose Free



Gluten Free

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Young Life's **Pure Marine Collagen Peptides**

contains pure fish collagen 10000 mg type I and III which is developed for Firm Skin, Healthy Hair and Strong Nails.



- 1 Helps to combat the effects of ageing
- 2 Helps reduce the appearance of wrinkles
- 3 Helps increase skin hydration and smoothness

*Flavourless & Odourless Powder that is easy to mix with any desired **drink** or **food**, both hot and cold such as **coffee**, **juice**, **water**, **soups** or **smoothies**.*

Why Marine collagen is better for the human body than bovine collagen?

- ✓ Higher bioavailability.
- ✓ Contains more essential amino acids like glycine and proline
- ✓ Easier to digest, making it a better choice for those with digestive issues.

“A 2019 review of 11 studies saw an improvement in skin elasticity and hydration in women who took 3–10 grams of collagen per day for an average of 69 days.”

Dose: 2 scoops (10,000 mg) per day mixed with water or juice



100% Marine Collagen



Sugar Free



GMO Free



Lactose Free



Gluten Free

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Young Life's **Ultra Hyaluronic Acid 100**

features a natural & advanced blend of hydrating ingredients which helps to maintain a plump, hydrated complexion.

- 1 **Premium grade hyaluronic acid:**
 - Helps maintain plump and hydrated skin
 - Helps reduce wrinkles

Extra Low Molecular Weight (LMW-HA) 7000 Daltons!

"Penetrates the deepest layers of your skin which helps to provide intense moisture and sustained hydration deep in the skin"



**AWARD WINNING INGREDIENT
S.N.P. #1 2021
SKIN CORRECTING AGENT:
MAXIMUM EFFECT**

- 2 **Vitamin C 80 mg:** helps stimulates the biosynthesis of collagen
- 3 **Silica:** helps improve the elasticity, texture and hydration of the skin.

Dose: 15 ml per day for optimal effect.



100% Natural
Flavour and Natural
Colour



Vegan
Friendly



Delicious Lemon
Flavour



GMO Free



Lactose Free



Gluten Free

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